

HONOUR THE BEAUTIFUL BECOMING THAT IS UNFOLDING

Honour the beautiful becoming that is unfolding within you. Take a moment to circle the words below that speak to you, the ones that stir something inside your soul, the ones you want to claim as part of your identity moving forward.

Let these words be your guide and your reminder that you are already becoming your true self.

Worthy	Joyful	Limitless
Enough	Grounded	Vibrant
Courageous	Aligned	Trusting
Authentic	Creative	Open-hearted
Free	Powerful	Wise
Confident	Intelligent	Strong
Peaceful	Bold	Loving
Resilient	Present	Purposeful
Whole	Compassionate	Unapologetic
Grateful	Empowered	Playful
Healed		